

RSHE Long Term Plan 2025-2026

	EFYS	KS1	LKS2	UKS2
Advent Term 1	<u>British Values</u> Individual Liberty	<u>British Values</u> Individual Liberty, Rule of Law, Democracy	<u>British Values</u> Individual Liberty, Rule of Law, Democracy, Mutual Respect, Tolerance	<u>British Values</u> Individual Liberty, Rule of Law, Democracy, Mutual Respect, Tolerance Module 1 Unit 1: Religious Understanding (5x short lessons)
Advent Term 2	Module 1 Unit 1: Religious Understanding (5x short lessons) Unit 2: Me, My Body, My Health (3 lessons)	Module 1 Unit 1: Religious Understanding (5x short lessons) Unit 2: Me, My Body, My Health (3 lessons) (Lesson 2: ppt1 - Y1, ppt2 - Y2)	Module 1 Unit 1: Religious Understanding (5x short lessons + 1 lesson) Unit 2: Me, My Body, My Health (5 lessons) (Lesson 3 and 4 - Y4 only)	Module 1 Unit 2: Me, My Body, My Health (4 lessons) Unit 3: Emotional Well-Being (first 2 lessons)
Lent Term 1	Module 1 Unit 3: Emotional Well-Being (3 lessons) Unit 4: Life Cycles (2 lessons)	Module 1 Unit 3: Emotional Well-Being (3 lessons) Unit 4: Life Cycles (3 lessons)	Module 1 Unit 3: Emotional Well-Being (3 lessons) Unit 4: Life Cycles (3 lessons) (Lesson 1 - Y4 only)	Module 1 Unit 3: Emotional Well-Being (final 2 lessons) Unit 4: Life Cycles (5 lessons) (Lesson 2 – Y6 only. Parents can opt out.)
Lent Term 2	Module 2 Unit 1: Religious Understanding (1 lesson) Unit 2: Personal Relationships (3 lessons) Unit 3: Life Online (2 lessons)	Module 2 Unit 1: Religious Understanding (1 lesson) Unit 2: Personal Relationships (3 lessons) Unit 3: Life Online (2 lessons)	Module 2 Unit 1: Religious Understanding (1 lesson) Unit 2: Personal Relationships (2 lessons) Unit 3: Life Online (2 lessons)	Module 2 Unit 1: Religious Understanding (1 lesson) Unit 2: Personal Relationships (4 lessons) (Lesson 4 – Y6 only. Use selected scenario cards and videos)
Pentecost Term 1	Module 2 Unit 4: Keeping Safe (4 lessons)	Module 2 Unit 4: Keeping Safe (5 lessons)	Module 2 Unit 4: Keeping Safe (4 lessons)	Module 2 Unit 3: Life Online (2 lessons) Unit 4: Keeping Safe (4 lessons)
Pentecost Term 2	Module 3 Unit 1: Religious Understanding (2 lessons) Unit 2: Living in the Wider World (3 lessons)	Module 3 Unit 1: Religious Understanding (2 lessons) Unit 2: Living in the Wider World (3 lessons)	Module 3 Unit 1: Religious Understanding (2 lessons) Unit 2: Living in the Wider World (3 lessons)	Module 3 Unit 1: Religious Understanding (2 lessons) Unit 2: Living in the Wider World (3 lessons)

Ten:Ten Module 1 – Created and Loved by God

Ten:Ten Module 2 – Created to Love Others

Ten:Ten Module 3 – Created to Live In Community