

RSHE

Curriculum Intent Document



Subject Leader: Mrs Mumford

Academic Year: 2025-2026

Our School Mission

We Believe, We Succeed and We Soar

Christ is at the centre of St. Mary's as we strive to nurture and care for our community and encourage them to Believe, Succeed and Soar. Through God's love, we support our pupils in recognising their God given gifts, strengthening their work as missionary disciples.

'Do little things with great love' St Therese of Lisieux

The mission of St Mary's Catholic Voluntary Academy is that of Jesus Christ; to build a teaching and learning community where we show due regard for the development and understanding of the uniqueness and dignity of each person. At St Mary's, each child is valued as a unique individual, a child of God, made in the image of the Father, Son and Holy Spirit.

Our Gospel Values

With God's love we show:

Love

'My command is this: Love one another as I have loved you.' John 15:12

We recognise God's unconditional love to be our source of love. A Christ-like love respects the talent of each person in our school.

Respect

'In everything, then do to others as you would have them do to you.' Matthew 7:12

We believe that, as children of God, we have a duty not only to respect our friends and teachers but also to show respect to our environment as we are stewards of the earth.

Honesty

'Dear children, let us not love with words or speech but with actions and in truth.' 1 John 3:18

We show honesty in all we say and do, in the pursuit of justice and fairness.

Forgiveness

'Do not judge, and you will not be judged. Do not condemn, and you will not be condemned. Forgive, and you will be forgiven.' Luke 6:37

We believe that mercy will be shown by the way we forgive others, finding God in all things.

Generosity

'It is more blessed to give than to receive.' Acts 20:35

Just as Jesus washed the feet of his disciples, we have a role to serve our neighbours and the wider community. Through fundraising and prayer, we will strive to help the people in our world, our common home.

Patience

'Jesus replied, 'You do not realise now what I am doing, but later you will understand.' John 13:7

We remember to be patient and trust in God as we know he has a much greater plan for us. He allows us to be tested so that we learn to walk in his ways and trust in him.

St Mary's Catholic Voluntary Academy, Grantham

Scripture Link:

(Genesis 1:27)

‘So God created humanity in his own image, in the image of God he created them; male and female he created them.’

At St. Mary's we ensure that science stimulates and excites pupils' curiosity about phenomena and events in the world around them. It also satisfies this curiosity with knowledge and progression of skills. Because science links direct practical experience with ideas, it can engage learners at many levels. Scientific method is about developing and evaluating explanations through experimental evidence and modelling. This is a spur to critical and creative thought.

Through science, pupils understand how major scientific ideas contribute to technological change – impacting on industry, business and medicine and improving quality of life. Pupils recognise the cultural significance of science and trace its world-wide development. They learn to question and discuss science-based issues that may affect their own lives, the direction of society and the future of the world.

The intent which we have based our curriculum upon is for our pupils to:

- Retain and develop their natural curiosity of the world around them;
- Develop positive attitudes towards science and the impact of science in the world today;
- Build on the progression of scientific knowledge and understanding relating to the programmes of study outlined in the National Curriculum;
- Develop their skills of scientific investigation including generating questions, planning fair tests, careful observation and interpreting and evaluating evidence;
- Effectively communicate scientific information through a variety of methods;
- Develop their understanding of how to work safely.

EYFS

Advent 1 British Values	Advent 2 Module 1: Created and Loved by God	Lent 1 Module 1: Created and Loved by God	Lent 2 Module 2: Created to Love Others	Pentecost 1 Module 2: Created to Love Others	Pentecost 2 Module 3: Created to Live in Community
<p>Individual Liberty: To recognise that I can make choices and share my ideas.</p>	<p>Unit 1: Religious Understanding (5x short lessons)</p> <p><u>Story Sessions: Handmade with Love</u> To know we are created individually by God as part of His creation plan.</p> <p>Unit 2: Me, My Body, My Health (3 lessons)</p> <p><u>L1- I am Me</u> To know we are each unique, with individual gifts, talents and skills.</p> <p><u>L2 – Heads, Shoulders, Knees and Toes</u> To know our bodies are good and made by God.</p> <p><u>L3 – Ready Teddy?</u> To know our bodies are good and we need to look after them</p>	<p>Unit 3: Emotional Well-Being (3 lessons)</p> <p><u>L1 – I Like, You Like, We All Like!</u> To know we all have different ‘tastes’ (likes and dislikes), but also similar needs (to be loved and respected, to be safe etc).</p> <p><u>L2 – All the Feelings!</u> To understand that feelings are neither good nor bad; they give us information about what we are experiencing.</p> <p><u>L3 – Let’s Get Real</u> To know how feelings can affect actions, and that actions have consequences.</p> <p>Unit 4: Life Cycles (2 lessons)</p> <p><u>L1 – Growing Up</u> To know there are natural life stages from birth to death, and what these are.</p> <p><u>L2 – New People. New Places</u> To know that change is a part of growing up.</p>	<p>Unit 1: Religious Understanding (1 lesson)</p> <p><u>L1 – Role Model</u> To know we are part of God’s family.</p> <p>Unit 2: Personal Relationships (3 lessons)</p> <p><u>L1 – Who’s Who?</u> To identify special people (e.g. parents, carers, friends) and what makes them special.</p> <p><u>L2 – You’ve Got A Friend In Me</u> To know how my behaviour affects other people and that there is appropriate and inappropriate behaviour.</p> <p><u>L3 - Forever Friends</u> To recognise when they have been unkind to others and say sorry.</p> <p>Unit 3: Life Online (2 lessons)</p> <p><u>L1 - What is the Internet?</u> To know that the internet connects us to others.</p> <p><u>L2 – Playing Online</u> To know about safe and unsafe situations online.</p>	<p>Unit 4: Keeping Safe (4 lessons)</p> <p><u>L1 – Safe Inside and Out</u> To know about safe and unsafe situations outdoors and indoors.</p> <p><u>L2 – My Body, My Rules</u> To know that they are entitled to bodily privacy.</p> <p><u>L3 – Feeling Poorly</u> To know that medicines should only be taken when a parent or doctor gives them to us.</p> <p><u>L4 – People Who Help Us</u> To know there are lots of people who do jobs to help us.</p>	<p>Unit 1: Religious Understanding (2 lessons)</p> <p><u>L1 – God is Love</u> To know that God is love: Father, Son and Holy Spirit.</p> <p><u>L2 – Loving God, Loving Others</u> To know what a community is, and that God calls us to live in community with one another.</p> <p>Unit 2: Living in the Wider World (3 lessons)</p> <p><u>L1 - Me, You, Us</u> To know that we belong to various communities, such as home, school, parish, the wider local area, nation and the global community.</p> <p><u>L2 – When I Grow Up</u> To know about some different types of jobs.</p> <p><u>L3 – ‘Money Doesn’t Grow on Trees’</u> To know that money helps us buy things.</p>

Year 1

Advent 1 British Values	Advent 2 Module 1: Created and Loved by God	Lent 1 Module 1: Created and Loved by God	Lent 2 Module 2: Created to Love Others	Pentecost 1 Module 2: Created to Love Others	Pentecost 2 Module 3: Created to Live in Community
<p>Individual Liberty: To understand that my ideas are important and I can make respectful choices.</p> <p>Democracy: To know that everyone can have a say and that making choices together helps us all feel included and heard.</p> <p>Rule of Law: To understand that rules help keep us safe and happy and learn to follow them at school and in the community.</p>	<p>Unit 1: Religious Understanding (5x short lessons)</p> <p><u>Story Sessions: Let the children come.</u> To know we are created individually by God.</p> <p>Unit 2: Me, My Body, My Health (3 lessons)</p> <p><u>L1 – I am Unique</u> I know we are unique, with individual gifts, talents and skills.</p> <p><u>L2 – Girls and Boys</u> To know our bodies are good. PPT version 1</p> <p><u>L3 – Clean and Healthy (My Body)</u> To know what constitutes a healthy lifestyle, including physical activity, dental health and healthy eating.</p>	<p>Unit 3: Emotional Well-Being (3 lessons)</p> <p><u>L1 – Feelings, Likes and Dislikes</u> To know It is natural for us to relate to and trust one another.</p> <p><u>L2 - Feeling Inside Out</u> To understand that feelings and actions are two different things, and that our good actions can ‘form’ our feelings and our character.</p> <p><u>L3 - Super Suzie Gets Angry</u> To know simple strategies for managing feelings and maintaining good behaviour.</p> <p>Unit 4: Life Cycles (3 lessons)</p> <p><u>L1 – The Cycle of Life</u> To learn and appreciate that there are natural life stages from birth to death, and what these are.</p> <p><u>L2 – Beginnings and Endings</u> To know about some feelings often connected with grief</p> <p><u>L3 – Change Is All Around</u> To understand that managing our feelings about change helps to prepare us for future changes.</p>	<p>Unit 1: Religious Understanding (1 lesson)</p> <p><u>L1 – God Loves You</u> To know that Jesus cared for others and had expectations of them and how they should act.</p> <p>Unit 2: Personal Relationships (3 lessons)</p> <p><u>L1 – Special People</u> To understand the importance of nuclear and wider family.</p> <p><u>L2 – Treat Others Well...</u> To know the characteristics of positive and negative relationships.</p> <p><u>L3 - ...and Say Sorry</u> To understand that when we are unkind to others, we hurt God also and should say sorry to Him as well.</p> <p>Unit 3: Life Online (2 lessons)</p> <p><u>L1 – Real Life Online</u> To know that the internet connects us to others and helps us in lots of ways.</p> <p><u>L2 – Rules to Help Us</u> To know when to ask for adult help with anything that worries them or makes them feel unsafe.</p>	<p>Unit 4: Keeping Safe (5 lessons)</p> <p><u>L1 – Good and Bad Secrets</u> To know the difference between ‘good’ and ‘bad’ secrets and that they can and should be open with ‘special people’ they trust if anything troubles them.</p> <p><u>L2 – Physical Contact</u> To understand about different kinds of touch, and when these are appropriate or inappropriate. Do not include FGM.</p> <p><u>L3 – Harmful Substances</u> To know that medicines are drugs, but not all drugs are good for us.</p> <p><u>L4 – Can You Help Me? (Part 1)</u> To know about what is and isn’t an emergency.</p> <p><u>L5 - Can You Help Me? (Part 2)</u> I know to call 999 in an emergency and ask for ambulance, police and/or fire brigade.</p>	<p>Unit 1: Religious Understanding (2 lessons)</p> <p><u>L1 – Three in One</u> To know that being made in His image means being called to be loved and to love others.</p> <p><u>L2 – Who is My Neighbour?</u> To know that no matter how small our offerings, they are valuable to God and He can use them for His glory.</p> <p>Unit 2: Living in the Wider World (3 lessons)</p> <p><u>L1 – The Communities We Live In</u> To know that we have a duty of care for others and for the world we live in (charity work, recycling etc.)</p> <p><u>L2 – Who Will I Be?</u> To know that having a job can help us to look after each other and the world.</p> <p><u>L3 – Needs and Wants</u> To know that money is valuable and is used as an exchange for needs and wants.</p>

Year 2

<u>Advent 1</u> British Values	<u>Advent 2</u> Module 1: Created and Loved by God	<u>Lent 1</u> Module 1: Created and Loved by God	<u>Lent 2</u> Module 2: Created to Love Others	<u>Pentecost 1</u> Module 2: Created to Love Others	<u>Pentecost 2</u> Module 3: Created to Live in Community
<p>Individual Liberty: To understand that my ideas are important and I can make respectful choices.</p> <p>Democracy: To know that everyone can have a say and that making choices together helps us all feel included and heard.</p> <p>Rule of Law: To understand that rules help keep us safe and happy and learn to follow them at school and in the community.</p>	<p>Unit 1: Religious Understanding (5x short lessons)</p> <p><u>Story Sessions: Let the children come.</u> To know we are created individually by God.</p> <p>Unit 2: Me, My Body, My Health (3 lessons)</p> <p><u>L1 – I am Unique</u> I know we are unique, with individual gifts, talents and skills.</p> <p><u>L2 – Girls and Boys</u> To know our bodies are good. PPT version 2</p> <p><u>L3 – Clean and Healthy (My Body)</u> To know what constitutes a healthy lifestyle, including physical activity, dental health and healthy eating.</p>	<p>Unit 3: Emotional Well-Being (3 lessons)</p> <p><u>L1 – Feelings, Likes and Dislikes</u> To know It is natural for us to relate to and trust one another.</p> <p><u>L2 - Feeling Inside Out</u> To understand that feelings and actions are two different things, and that our good actions can ‘form’ our feelings and our character.</p> <p><u>L3 - Super Suzie Gets Angry</u> To know simple strategies for managing feelings and maintaining good behaviour.</p> <p>Unit 4: Life Cycles (3 lessons)</p> <p><u>L1 – The Cycle of Life</u> To learn and appreciate that there are natural life stages from birth to death, and what these are.</p> <p><u>L2 – Beginnings and Endings</u> To know about some feelings often connected with grief</p> <p><u>L3 – Change Is All Around</u> To understand that managing our feelings about change helps to prepare us for future changes.</p>	<p>Unit 1: Religious Understanding (1 lesson)</p> <p><u>L1 – God Loves You</u> To know that Jesus cared for others and had expectations of them and how they should act.</p> <p>Unit 2: Personal Relationships (3 lessons)</p> <p><u>L1 – Special People</u> To understand the importance of nuclear and wider family.</p> <p><u>L2 – Treat Others Well...</u> To know the characteristics of positive and negative relationships.</p> <p><u>L3 - ...and Say Sorry</u> To understand that when we are unkind to others, we hurt God also and should say sorry to Him as well.</p> <p>Unit 3: Life Online (2 lessons)</p> <p><u>L1 – Real Life Online</u> To know that the internet connects us to others and helps us in lots of ways.</p> <p><u>L2 – Rules to Help Us</u> To know when to ask for adult help with anything that worries them or makes them feel unsafe.</p>	<p>Unit 4: Keeping Safe (5 lessons)</p> <p><u>L1 – Good and Bad Secrets</u> To know the difference between ‘good’ and ‘bad’ secrets and that they can and should be open with ‘special people’ they trust if anything troubles them.</p> <p><u>L2 – Physical Contact</u> To understand about different kinds of touch, and when these are appropriate or inappropriate. Do not include FGM.</p> <p><u>L3 – Harmful Substances</u> To know that medicines are drugs, but not all drugs are good for us.</p> <p><u>L4 – Can You Help Me? (Part 1)</u> To know about what is and isn’t an emergency.</p> <p><u>L5 - Can You Help Me? (Part 2)</u> I know to call 999 in an emergency and ask for ambulance, police and/or fire brigade.</p>	<p>Unit 1: Religious Understanding (2 lessons)</p> <p><u>L1 – Three in One</u> To know that being made in His image means being called to be loved and to love others.</p> <p><u>L2 – Who is My Neighbour?</u> To know that no matter how small our offerings, they are valuable to God and He can use them for His glory.</p> <p>Unit 2: Living in the Wider World (3 lessons)</p> <p><u>L1 – The Communities We Live In</u> To know that we have a duty of care for others and for the world we live in (charity work, recycling etc.)</p> <p><u>L2 – Who Will I Be?</u> To know that having a job can help us to look after each other and the world.</p> <p><u>L3 – Needs and Wants</u> To know that money is valuable and is used as an exchange for needs and wants.</p>

Year 3

Advent 1 British Values	Advent 2 Module 1: Created and Loved by God	Lent 1 Module 1: Created and Loved by God	Lent 2 Module 2: Created to Love Others	Pentecost 1 Module 2: Created to Love Others	Pentecost 2 Module 3: Created to Live in Community
<p>Individual Liberty: To understand that my choices affect others and I have a responsibility to make good ones.</p> <p>Democracy: To understand that democracy means everyone has a voice, and practise making group decisions fairly through voting and discussion.</p> <p>Rule of Law: To recognise the importance of rules in different settings and understand that they apply to everyone equally to help people live and work together fairly.</p> <p>Mutual Respect: To learn to recognise and value others' ideas, feelings, and contributions, and show respect through kind words and fair behaviour.</p> <p>Tolerance: To develop an understanding that people have different beliefs, backgrounds, and experiences, and learn to treat everyone with kindness and respect.</p>	<p>Unit 1: Religious Understanding (5x short lessons + 1 lesson)</p> <p><u>Story Sessions: Get Up!</u> To know that God made us with the desire to be loved and to love and to make a difference: each of us has a specific purpose.</p> <p><u>L2 – The Sacraments</u> To know that in Baptism, God makes us His adopted children and 'receivers' of His love.</p> <p>Unit 2: Me, My Body, My Health (2 lessons)</p> <p><u>L1 – We Don't Have to Be the Same</u> To know that similarities and differences between people arise as they grow and make choices, and that by living and working together.</p> <p><u>L2 – Respecting Our Bodies</u> To know about the need to respect and look after my body as a gift from God through what I wear, what I eat and what I physically do.</p>	<p>Unit 3: Emotional Well-Being (3 lessons)</p> <p><u>L1 – What Am I Feeling?</u> To know that emotions change as we grow up. PPT Version 1</p> <p><u>L2 – What Am I Looking At?</u> To recognise that images in the media do not always reflect reality and can affect how people feel about themselves.</p> <p><u>L3 – I am Thankful</u> To know that some behaviour is wrong, unacceptable, unhealthy and/or risky.</p> <p>Unit 4: Life Cycles (3 lessons)</p> <p><u>L2 – A Time for Everything</u> To explore some ways to support myself and others when they are grieving.</p> <p><u>L3 – Big Changes, Little Changes</u> To know what the Christian faith says about death and eternal life.</p>	<p>Unit 1: Religious Understanding (4x short lessons)</p> <p><u>Story Sessions: Jesus, My Friend</u> To know that God loves, embraces, guides and forgives us; He reconciles us with Him and one another.</p> <p>Unit 2: Personal Relationships (2 lessons)</p> <p><u>L1 – Family, Friends and Others...</u> To understand ways to maintain and develop good, positive, trusting relationships and strategies to use when relationships go wrong.</p> <p><u>L3 – When Things Feel Bad</u> To develop a greater awareness of bullying (including cyber-bullying), that all bullying is wrong, and how to respond to bullying.</p> <p>Unit 3: Life Online (2 lessons)</p> <p><u>L1 – Sharing Online</u> To recognise that my increasing independence brings increased responsibility to keep myself and others safe.</p> <p><u>L2 – Chatting Online</u> To know how to use technology safely.</p>	<p>Unit 4: Keeping Safe (4 lessons)</p> <p><u>L1 – Safe in My Body</u> To judge well what kind of physical contact is acceptable or unacceptable and how to respond. PPT Version 1 - Do not include FGM.</p> <p><u>L2 – Drugs, Alcohol and Tobacco</u> To understand the effect that a range of substances including drugs, alcohol and tobacco can have on the body.</p> <p><u>L3 – First Aid Heroes</u> To know that I can help in an emergency using my First Aid knowledge.</p> <p><u>L4 – Rights and Responsibilities</u> To know that it is our responsibility to follow the rules at home, school and in our country.</p>	<p>Unit 1: Religious Understanding (2 lessons)</p> <p><u>L1 – A Community of Love</u> To know that God is love as shown by the Holy Trinity – a communion of persons supporting each other in their self-giving relationship.</p> <p><u>L2 – What is the Church?</u> To know that the Church family comprises of home, school and parish (which is part of the diocese).</p> <p>Unit 2: Living in the Wider World (3 lessons)</p> <p><u>L1 – How Do I Love Others?</u> To know that God wants His Church to love and care for others.</p> <p><u>L2 – Working Together</u> To know that there are many different jobs and types of work.</p> <p><u>L3 – Money Matters</u> To know that our attitude to money and choices about spending, saving and giving impacts on ourselves and others.</p>

Year 4

Advent 1 British Values	Advent 2 Module 1: Created and Loved by God	Lent 1 Module 1: Created and Loved by God	Lent 2 Module 2: Created to Love Others	Pentecost 1 Module 2: Created to Love Others	Pentecost 2 Module 3: Created to Live in Community
<p>Individual Liberty: To understand that my choices affect others and I have a responsibility to make good ones.</p> <p>Democracy: To understand that democracy means everyone has a voice, and practise making group decisions fairly through voting and discussion.</p> <p>Rule of Law: To recognise the importance of rules in different settings and understand that they apply to everyone equally to help people live and work together fairly.</p> <p>Mutual Respect: To learn to recognise and value others' ideas, feelings, and contributions, and show respect through kind words and fair behaviour.</p> <p>Tolerance: To develop an understanding that people have different beliefs, backgrounds, and experiences, and learn to treat everyone with kindness and respect.</p>	<p>Unit 1: Religious Understanding (5x short lessons + 1 lesson)</p> <p><u>Story Sessions: Get Up!</u> To know that God made us with the desire to be loved and to love and to make a difference: each of us has a specific purpose.</p> <p><u>L2 – The Sacraments</u> To know that in Baptism, God makes us His adopted children and 'receivers' of His love.</p> <p>Unit 2: Me, My Body, My Health (5 lessons)</p> <p><u>L1 – We Don't Have to Be the Same</u> To know that similarities and differences between people arise as they grow and make choices, and that by living and working together</p> <p><u>L2 – Respecting Our Bodies</u> To know about the need to respect and look after my body as a gift from God through what I wear, what I eat and what I physically do.</p> <p><u>L3 – What is Puberty (Y4 only)</u> To know what the term 'puberty' means.</p> <p><u>L4 – Changing Bodies (Y4 only)</u> To know the correct naming of genitalia.</p>	<p>Unit 3: Emotional Well-Being (3 lessons)</p> <p><u>L1 – What Am I Feeling?</u> To know that emotions change as we grow up. PPT version 2</p> <p><u>L2 – What Am I Looking At?</u> To recognise that images in the media do not always reflect reality and can affect how people feel about themselves.</p> <p><u>L3 – I am Thankful</u> To know that some behaviour is wrong, unacceptable, unhealthy and/or risky.</p> <p>Unit 4: Life Cycles (3 lessons)</p> <p><u>L1 – Life Cycles (Y4 only)</u> To know how a baby grows and develops in its mother's womb including, scientifically, the uniqueness of the moment of conception.</p> <p><u>L2 – A Time for Everything</u> To explore some ways to support myself and others when they are grieving.</p> <p><u>L3 – Big Changes, Little Changes</u> To know what the Christian faith says about death and eternal life.</p>	<p>Unit 1: Religious Understanding (4x short lessons)</p> <p><u>Story Sessions: Jesus, My Friend</u> To know that God loves, embraces, guides and forgives us; He reconciles us with Him and one another.</p> <p>Unit 2: Personal Relationships (2 lessons)</p> <p><u>L1 – Family, Friends and Others...</u> To understand ways to maintain and develop good, positive, trusting relationships and strategies to use when relationships go wrong.</p> <p><u>L3 – When Things Feel Bad</u> To develop a greater awareness of bullying (including cyber-bullying), that all bullying is wrong, and how to respond to bullying.</p> <p>Unit 3: Life Online (2 lessons)</p> <p><u>L1 – Sharing Online</u> To recognise that my increasing independence brings increased responsibility to keep myself and others safe.</p> <p><u>L2 – Chatting Online</u> To know how to use technology safely.</p>	<p>Unit 4: Keeping Safe (4 lessons)</p> <p><u>L1 – Safe in My Body</u> To judge well what kind of physical contact is acceptable or unacceptable and how to respond. PPT Version 1 - Do not include FGM.</p> <p><u>L2 – Drugs, Alcohol and Tobacco</u> To understand the effect that a range of substances including drugs, alcohol and tobacco can have on the body.</p> <p><u>L3 – First Aid Heroes</u> To know that I can help in an emergency using my First Aid knowledge.</p> <p><u>L4 – Rights and Responsibilities</u> To know that it is our responsibility to follow the rules at home, school and in our country.</p>	<p>Unit 1: Religious Understanding (2 lessons)</p> <p><u>L1 – A Community of Love</u> To know that God is love as shown by the Holy Trinity – a communion of persons supporting each other in their self-giving relationship.</p> <p><u>L2 – What is the Church?</u> To know that the Church family comprises of home, school and parish (which is part of the diocese).</p> <p>Unit 2: Living in the Wider World (3 lessons)</p> <p><u>L1 – How Do I Love Others?</u> To know that God wants His Church to love and care for others.</p> <p><u>L2 – Working Together</u> To know that there are many different jobs and types of work.</p> <p><u>L3 – Money Matters</u> To know that our attitude to money and choices about spending, saving and giving impacts on ourselves and others.</p>

Year 5

<u>Advent 1</u> British Values	<u>Advent 2</u> Module 1: Created and Loved by God	<u>Lent 1</u> Module 1: Created and Loved by God	<u>Lent 2</u> Module 2: Created to Love Others	<u>Pentecost 1</u> Module 2: Created to Love Others	<u>Pentecost 2</u> Module 3: Created to Live in Community
<p>Individual Liberty: To understand that liberty means making informed choices while respecting others and the law.</p> <p>Democracy: To explore how democratic systems work in school and society, and understand the importance of participation, representation, and shared decision-making.</p> <p>Rule of Law: To explore how laws protect rights and responsibilities and understand the role of rules and laws in promoting justice and fairness in society.</p> <p>Mutual Respect: To understand that mutual respect involves valuing differences, listening actively, and treating others with dignity in all situations.</p> <p>Tolerance: To explore how diversity enriches communities, and demonstrate tolerance by challenging stereotypes, listening respectfully, and promoting inclusion.</p>	<p>Unit 1: Religious Understanding (5x short lessons)</p> <p><u>Story Sessions: Calming the Storm</u> To know that we were created individually by God who cares for us and wants us to put our faith in Him.</p> <p>Unit 2: Me, My Body, My Health (4 lessons)</p> <p><u>L1 – Gifts and Talents</u> To know that self-confidence arises from being loved by God (not status, etc.)</p> <p><u>L2 – Girls’ Bodies</u> To know about the unique growth and development of humans, and the changes that girls will experience during puberty.</p> <p><u>L3 – Boys’ Bodies</u> To know about the unique growth and development of humans, and the changes that boys will experience during puberty.</p> <p><u>L4 – Spots and Sleep</u> To know how to make good choices that have an impact on their health: rest and sleep, exercise, personal hygiene, avoiding the overuse of electronic entertainment, etc.</p>	<p>Unit 3: Emotional Well-Being (final lesson)</p> <p><u>L4 – Seeing Stuff Online</u> To understand the impact that harmful videos and images can have on young minds.</p> <p>Unit 4: Life Cycles (5 lessons)</p> <p><u>L1 – Making Babies (Part 1)</u> To know how a baby grows and develops in its mother’s womb.</p> <p><u>L3 – Menstruation</u> To know about the nature and role of menstruation in the fertility cycle, and that fertility is involved in the start of life.</p> <p><u>L4 – Hope Beyond Death</u> To know some ways to support themselves and others when I am grieving.</p> <p><u>L5 – Coping with Change</u> To know that gratitude and positivity help build resilience.</p>	<p>Unit 1: Religious Understanding (1 lesson)</p> <p><u>L1 – God Is Calling You</u> To know about ways in which we can participate in God’s call for us to love others.</p> <p>Unit 2: Personal Relationships (4 lessons)</p> <p><u>L1 – Under Pressure</u> To now there are strategies that we can adopt to resist pressure.</p> <p><u>L2 – Do You Want a Piece of Cake?</u> To understand what consent and bodily autonomy means.</p> <p><u>L3 – Self-Talk</u> To learn about how thoughts and feelings impact on actions and develop strategies that will positively impact my actions.</p>	<p>Unit 3: Life Online (2 lessons)</p> <p><u>L1 – Sharing Isn’t Always Caring</u> To know that just as what we eat can make us healthy or make us ill, what we watch, hear, say or do can be good or bad for us and others.</p> <p><u>L2 - Cyberbullying</u> To know how to get help if I experience cyberbullying.</p> <p>Unit 4: Keeping Safe (4 lessons)</p> <p><u>L1 – Types of Abuse</u> To know that abuse violates the rights of children. PPT Version 1 - Do not include FGM.</p> <p><u>L2 – Impacted Lifestyles</u> To know how to make good choices about substances that would have an impact on our health.</p> <p><u>L3 – Making Good Choices</u> To learn that I am entitled to say “no” for all sorts of reasons, but not least in order to protect my God-given body.</p> <p><u>L4 – Giving Assistance</u> To know that the recovery position can be used when a person is unconscious but breathing.</p>	<p>Unit 1: Religious Understanding (2 lessons)</p> <p><u>L1 – The Holy Trinity</u> To know that God the Father, God the Son and God the Holy Spirit are the three persons of the Holy Trinity.</p> <p><u>L2 – Catholic Social Teaching</u> To know the principles of Catholic Social Teaching.</p> <p>Unit 2: Living in the Wider World (3 lessons)</p> <p><u>L1 – Reaching Out</u> To know how to apply the principles of Catholic Social Teaching to current issues.</p> <p><u>L2 – The World of Work</u> To know about the process of getting a job and consider factors that influence job choices.</p> <p><u>L3 – Money and Me</u> To know the importance of budgeting and tracking spending and saving.</p>

	<p>Unit 3: Emotional Well-Being (first 3 lessons)</p> <p><u>L1 – Body Image</u> To recognise that images in the media do not always reflect reality and can affect how people feel about themselves.</p> <p><u>L2 – Peculiar Feelings</u> To deepen my understanding of the range and intensity of my feelings; that ‘feelings’ are not good guides for action.</p> <p><u>L2 – Emotional Changes</u> To know that openness with trusted parents/carers /teachers when worried helps with healthy emotional well-being.</p>				
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Year 6

Advent 1 British Values	Advent 2 Module 1: Created and Loved by God	Lent 1 Module 1: Created and Loved by God	Lent 2 Module 2: Created to Love Others	Pentecost 1 Module 2: Created to Love Others	Pentecost 2 Module 3: Created to Live in Community
<p>Individual Liberty: To understand that liberty means making informed choices while respecting others and the law.</p> <p>Democracy: To explore how democratic systems work in school and society, and understand the importance of participation, representation, and shared decision-making.</p> <p>Rule of Law: To explore how laws protect rights and responsibilities and understand the role of rules and laws in promoting justice and fairness in society.</p> <p>Mutual Respect: To understand that mutual respect involves valuing differences, listening actively, and treating others with dignity in all situations.</p> <p>Tolerance: To explore how diversity enriches communities, and demonstrate tolerance by challenging stereotypes, listening respectfully, and promoting inclusion.</p>	<p>Unit 1: Religious Understanding (5x short lessons)</p> <p><u>Story Sessions: Calming the Storm</u> To know that we were created individually by God who cares for us and wants us to put our faith in Him.</p> <p>Unit 2: Me, My Body, My Health (4 lessons)</p> <p><u>L1 – Gifts and Talents</u> To know that self-confidence arises from being loved by God (not status, etc.)</p> <p><u>L2 – Girls’ Bodies</u> To know about the unique growth and development of humans, and the changes that girls will experience during puberty.</p> <p><u>L3 – Boys’ Bodies</u> To know about the unique growth and development of humans, and the changes that boys will experience during puberty.</p> <p><u>L4 – Spots and Sleep</u> To know how to make good choices that have an impact on their health: rest and sleep, exercise, personal hygiene, avoiding the overuse of electronic entertainment, etc.</p>	<p>Unit 3: Emotional Well-Being (final lesson)</p> <p><u>L4 – Seeing Stuff Online</u> To understand the impact that harmful videos and images can have on young minds.</p> <p>Unit 4: Life Cycles (5 lessons)</p> <p><u>L1 – Making Babies (Part 1)</u> To know how a baby grows and develops in its mother’s womb.</p> <p><u>L2 – Making Babies (Part 2) (Y6 only)</u> To know the basic scientific facts about sexual intercourse between a man and woman. (Parents can opt out.)</p> <p><u>L3 – Menstruation</u> To know about the nature and role of menstruation in the fertility cycle, and that fertility is involved in the start of life.</p> <p><u>L4 – Hope Beyond Death</u> To know some ways to support themselves and others when I am grieving.</p> <p><u>L5 – Coping with Change</u> To know that gratitude and positivity help build resilience.</p>	<p>Unit 1: Religious Understanding (1 lesson)</p> <p><u>L1 – God Is Calling You</u> To know about ways in which we can participate in God’s call for us to love others.</p> <p>Unit 2: Personal Relationships (4 lessons)</p> <p><u>L1 – Under Pressure</u> To now there are strategies that we can adopt to resist pressure.</p> <p><u>L2 – Do You Want a Piece of Cake?</u> To understand what consent and bodily autonomy means.</p> <p><u>L3 – Self-Talk</u> To learn about how thoughts and feelings impact on actions and develop strategies that will positively impact my actions.</p> <p><u>L4 – Build Others Up (Y6 only)</u> To know about prejudice, bullying and discrimination: what they mean and how to challenge them. (Do not use scenario cards: H, I and L in Appendix 3a. Do not use videos: Attraction, Differences.)</p>	<p>Unit 3: Life Online (2 lessons)</p> <p><u>L1 – Sharing Isn’t Always Caring</u> To know that just as what we eat can make us healthy or make us ill, what we watch, hear, say or do can be good or bad for us and others.</p> <p><u>L2 - Cyberbullying</u> To know how to get help if I experience cyberbullying.</p> <p>Unit 4: Keeping Safe (4 lessons)</p> <p><u>L1 – Types of Abuse</u> To know that abuse violates the rights of children. PPT Version 1 - Do not include FGM.</p> <p><u>L2 – Impacted Lifestyles</u> To know how to make good choices about substances that would have an impact on our health.</p> <p><u>L3 – Making Good Choices</u> To learn that I am entitled to say “no” for all sorts of reasons, but not least in order to protect my God-given body.</p> <p><u>L4 – Giving Assistance</u> To know that the recovery position can be used when a person is unconscious but breathing.</p>	<p>Unit 1: Religious Understanding (2 lessons)</p> <p><u>L1 – The Holy Trinity</u> To know that God the Father, God the Son and God the Holy Spirit are the three persons of the Holy Trinity.</p> <p><u>L2 – Catholic Social Teaching</u> To know the principles of Catholic Social Teaching.</p> <p>Unit 2: Living in the Wider World (3 lessons)</p> <p><u>L1 – Reaching Out</u> To know how to apply the principles of Catholic Social Teaching to current issues.</p> <p><u>L2 – The World of Work</u> To know about the process of getting a job and consider factors that influence job choices.</p> <p><u>L3 – Money and Me</u> To know the importance of budgeting and tracking spending and saving.</p>

	<p>Unit 3: Emotional Well-Being (first 3 lessons)</p> <p><u>L1 – Body Image</u> To recognise that images in the media do not always reflect reality and can affect how people feel about themselves.</p> <p><u>L2 – Peculiar Feelings</u> To deepen my understanding of the range and intensity of my feelings; that ‘feelings’ are not good guides for action.</p> <p><u>L2 – Emotional Changes</u> To know that openness with trusted parents/carers /teachers when worried helps with healthy emotional well-being.</p>				
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