

Curriculum Intent: PE (2025 - 2027)

Year 6 PE					
ADVENT 1 Children will...	ADVENT 2 Children will...	LENT 1 Children will...	LENT 2 Children will...	PENTECOST 1 Children will...	PENTECOST 2 Children will...
Handball (Y5/6) L1: know how to use a variety of passes to maintain possession under pressure. L2: know how to select the appropriate skill to create space, move towards goal and away from defenders. L3: know how to select and apply the appropriate skill to score goals. L4: know how to use defending skills to prevent an opponent from scoring. L5: know how to use appropriate defensive technique for the situation. L6: know how to apply rules, skills and principles to play in a tournament. Dance (Stamp, Clap and Bhangra)	OAA L1: know how to build communication and trust whilst showing an awareness of safety. L2: know how to collaborate as a team to solve problems. L3: know how to develop tactical planning and problem solving. L4: know how to work as a team and use critical thinking to determine the best approach. L5: know how to develop navigational skills and map reading. L6: know how to use a key to identify objects and locations. Gymnastics L1: know how to develop the straddle, forward and backward roll.	Volleyball (Y5/6) L1: know how to use the fast catch volley to create space and place the ball. L2: know how to develop the set shot and understand when to use it. L3: know how to develop the dig and understand when to use it. L4: know how to select and apply skills to keep a continuous rally going. L5: know how to develop the underarm serve and learn the rules of serving. L6: know how to apply the rules, skills and principles to play in a tournament. Fitness (Y5/6) L1: know how to develop an awareness	Hockey (Y5/6) L1: know how to develop dribbling to beat a defender. L2: know how to send and receive the ball with control under pressure. L3: know how to select the appropriate skill, choosing when to pass and when to dribble. L4: know how to move into and create space to support a teammate. L5: know how to use the appropriate defensive technique for the situation. L6: know how to apply rules, skills and principles to play in a tournament. Yoga (Y5/6) L1: know how to develop flexibility through the sun salutation flow.	Athletics L1: know how to develop your own and others sprinting technique. L2: know how to identify a suitable pace for the event. L3: know how to develop power, control and technique for the triple jump. L4: know how to develop power, control and technique when throwing for distance. L5: know how to develop throwing with force and accuracy for longer distances. L6: know how to work collaboratively in a team to develop the officiating skills of measuring, timing and recording. Golf (Y5/6) L1: know how to develop technique for	Tennis L1: know how to develop placement of the ball using a forehand. L2: know how to develop placement of the ball using a backhand groundstroke. L3: know how to develop the volley and understand when to use it. L4: know how to employ tactics when playing with a partner. L5: know how to develop accuracy and consistency using the underarm serve. L6: know how to apply rules, skills and principles to play against an opponent. Rounders (Y5/6) L1: know how to develop throwing and catching under

L1: know how to copy and repeat a set dance phrase showing confidence in movements. L2: know how to work with others to explore and develop the dance idea. L3: know how to use changes in dynamics in response to the stimulus. L4: know how to demonstrate a sense of rhythm and energy when performing bhangra style motifs. L5: know how to perform a bhangra dance, showing an awareness of timing, formations and direction. L6: know how to select, order, structure and perform movements in a bhangra style, showing various group formations.	L2: know how to develop rolling into sequence work and on apparatus. L3: know how to develop counter balance and counter tension. L4: know how to develop counter balance and counter tension into sequence work with apparatus. L5: know how to develop jumps and explore the effect of height. L6: know how to explore jump sequence work with consideration of performance tools.	of what your body is able to do. L2: know how to develop speed and stamina. L3: know how to develop strength using my own body weight. L4: know how to develop co-ordination. L5: know how to develop agility. L6: know how to develop balancing with control.	L2: know how to develop strength through yoga flows. L3: know how to create your own flow showing quality in control, balance and technique. L4: know how to develop balance through yoga flows. L5: know how to work collaboratively to create a controlled paired yoga flow. L6: know how to create your own yoga flow that challenges technique, balance and control.	hitting accurately over a short distance. L2: know how to develop the technique for hitting over a short distance. L3: know how to select and apply skills for a short game. L4: know how to develop the technique for a long game. L5: know how to select the appropriate shot for the situation. L6: know how to design a course and select the appropriate shot for the situation.	pressure and apply these to a striking and fielding game. L2: know how to develop bowling under pressure whilst abiding by the rules of the game. L3: know how to strike a bowled ball with increasing consistency. L4: know how to develop fielding techniques and select the appropriate skill for the situation. L5: know how to understand and apply tactics in a game. L6: know how to apply skills and knowledge to compete in a tournament.
VOCABULARY					
Handball Pressure, delay, control, tactics, support, release, angle, reaction, principle, inclusion, create, close down, transfer	OAA Tactical, orienteering, leader, control card, navigation, orientate, critical thinking, location, strategy, co-operatively, symbol, boundaries	Volleyball Control, serve, consistently, return, dig, volley, co-operatively, defensive, opponent, deep, ready position, attack	Hockey Obstruction, conceding, block tackle, trapping the ball, possession, attack, support, interception, job tackle, consistently, bully off, defence	Athletics Technique, control, force, continuous pace, trajectory, stride, momentum, officiate, flight, compete, rotation, transfer of weight	Tennis Ready position, return, serve, outwit, control, opponent, forehand, backhand, volley, co-operatively, continuously
Dance Levels, actions, formation, timing, phrase, performance, expression, unison, posture, dynamics, canon,	Gymnastics Momentum, counter balance, aesthetics, formation, synchronisation, stability,	Fitness Agility, technique, speed, balance, control, power, generate force, strength, analyse, continuous, stamina,	Yoga Quality, notice, calm, develop, high lunge, fluidity, salutation, transition, practice,	Golf Par, putt, drive, chipping, strike, hole, swing, power, consistently, align, bunker, accurately, swing, hazard	Rounders Strike, pressure, outwit, fielding, batting, backing up, co-operatively, retrieve,

choreograph, contrast, structure	inverted, progression, counter tension	measure, co-ordination, component, record	collaboratively, connected, aware		consecutive, consistently, overtake, obstruction
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