

Curriculum Intent: PE (2025 - 2027)

EYFS PE					
ADVENT 1 Children will...	ADVENT 2 Children will...	LENT 1 Children will...	LENT 2 Children will...	PENTECOST 1 Children will...	PENTECOST 2 Children will...
Fundamentals: Unit 1 L1: know how to develop balancing whilst stationary and on the move. L2: know how to develop running and stopping. L3: know how to develop changing direction. L4: know how to develop jumping and landing. L5: know how to develop hopping and landing with control. L6: know how to explore different ways to travel.	Gymnastics: Unit 1 L1: know how to copy and create shapes with your body. L2: know how to create shapes whilst on apparatus. L3: know how to develop balancing and taking weight on different body parts. L4: know how to develop jumping and landing safely. L5: know how to develop rocking and rolling. L6: know how to copy and create short sequences linking actions together.	Ball Skills: Unit 1 L1: know how to develop rolling a ball to a target. L2: know how to develop stopping a rolling ball. L3: know how to develop accuracy when throwing to a target. L4: know how to develop bouncing and catching a ball. L5: know how to develop dribbling a ball with your feet. L6: know how to develop kicking a ball.	Dance: Unit 1 L1: know how to explore different body parts and how they move. L2: know how to explore different body parts, how they move and remember and repeat actions. L3: know how to express and communicate ideas through movement exploring directions and levels. L4: know how to create movements and adapt and perform simple dance patterns. L5: know how to copy and repeat actions showing confidence and imagination. L6: know how to move with control and coordination, linking, copying and repeating actions.	Games: Unit 1 L1: know how to work safely and develop running and stopping. L2: know how to develop throwing and learn how to keep score. L3: know how to play games showing an understanding of the different roles within it. L4: know how to follow instructions and move safely when playing tagging games. L5: know how to work co-operatively and learn to take turns. L6: know how to work with others to play team games.	Fundamentals: Unit 2 L1: know how to develop balancing. L2: know how to develop running and stopping. L3: know how to develop changing direction. L4: know how to develop jumping. L5: know how to develop hopping. L6: know how to explore different ways to travel using equipment.
VOCABULARY					
Fundamentals: Unit 1 Run, safely, space, jump, hop, direction, stop, listen	Gymnastics: Unit 1 Copy, travel, space, shape, rock, over, backwards, sideways, forwards	Ball Skills: Unit 1 Roll, team, space, kick, bounce, throw safely, stop, listen	Dance: Unit 1 Move, space, safely, shape, copy, around, sideways, forwards, backwards	Games: Unit 1 Run, safely, space, catch, throw, team, stop, tag, score	Fundamentals: Unit 2 Run, safely, space, jump, hop, direction, stop, listen, balance