Advent 2			
Design & Technology -	Cooking and Nutrition: Adapting a recipe: Y4		

## Scripture Link:

## National Curriculum Objective:

Design, make and evaluate a (product) for (user) for (purpose)				
	Lesson 1	Lesson 2	Lesson 3	
Learning intention for each lesson	I can evaluate existing biscuit products.	I can prepare and cook a dish.	I can select ingredients and follow a budget.	
Recall and Retrieval	<ul> <li>There are different techniques to prepare food.</li> <li>There are different food groups.</li> <li>Taste testing is an important part of selecting ingredients.</li> <li>Why different packages might be used for different foods</li> <li>Where to find the nutritional information on packaging.</li> </ul>	<ul> <li>Eating fruit and vegetables are good for you.</li> <li>Nutrients are substances in foods that all living things need to make energy, grow and develop.</li> <li>I should have a maximum of 5 tsp of sugar a day to stay healthy.</li> <li>Many foods and drinks we do not expect to contain sugars, do, we call these 'hidden sugars'.</li> </ul>	<ul> <li>I know that the amount of an ingredient in a recipe is known as the 'quantity'.</li> <li>That ingredients means the items in a mixture or recipe.</li> <li>Taste testing is an important part of selecting ingredients.</li> <li>Display the Presentation: Speak like an expert and ask the children to discuss with their partner how to make biscuits for one minute.</li> </ul>	
Sequence of substantive knowledge throughout the lesson  Key Skills/disciplinary knowledge	Evaluate:  I can evaluate and compare a range of products.	Make:  I know that the amount of an ingredient in a recipe is known as the 'quantity'.  I know that safety and hygiene are important when cooking. I know the following cooking techniques: sieving, measuring, mixing/stirring, cutting out and shaping.  Make:  I can follow a baking recipe and cooking technique. I can understand safety and hygiene rules. I can discuss how a recipe can be changed.	Design: I know the importance of budgeting while planning ingredients for a recipe.  Design: I can select ingredients for a target audience. I can calculate the cost of extra ingredients. I can create a design for the final product.	

Key Vocabulary	Buttery, crunchy, ingredients, target, audience, taste, texture	Combine, cream, hygiene, sieve, sift, wooden spoon	Addition, appearance, budget, design, ingredients, Multiplication, pounds
Main teaching activity If the school has another short term planning format, this does not need to be included.			
Scaffolding	Pupils needing support:  could use the Resource: Taste testing word bank to help them describe the biscuits.	Pupils needing support:         could use a larger sieve or a smaller amount of the ingredients when practising parts of the recipe;         could be provided with opportunities to repeat the tasks within the recipe to secure their understanding.	Pupils needing extra support:  could use supporting mathematical resources like a hundred square, a multiplication grid or counters;  could use packets of ingredients to help them make choices.
Challenge	Pupils working at greater depth:  could be asked to think about times when special biscuits might be needed; could think about reasons why people buy biscuits.	Pupils working at greater depth: <ul> <li>could be given opportunities to explain the need to mix ingredients or to sift the flour.</li> </ul>	Pupils working at greater depth:  could be asked to think about how budget setting influenced their choices and, if they are over budget, which ingredients they would remove and why.
Diversity Links			
Catholic Social Teaching Principles			
British Values			
Wider links			

## Advent 2 Design & Technology – Cooking and Nutrition: Adapting a recipe: Y4

Lesson 4	Lesson 5	Lesson 6
I can take inspiration from existing products.	I can make and test a prototype biscuit.	I can evaluate a final product.
<ul> <li>the importance of budgeting while planning ingredients for a recipe.</li> <li>select ingredients for a target audience.</li> <li>Nutrients are substances in foods that all living things need to make energy, grow and develop.</li> <li>I should have a maximum of 5 tsp of sugar a day to stay healthy.</li> </ul>	<ul> <li>Safety rules – cutting and peeling/preparing fruit</li> <li>The appearance of food is as important as taste</li> <li>That its important to test my design as I go along so that I can solve any problems that may occur.</li> <li>Following cooking techniques; sieving, measuring, mixing, stirring, cutting out and shaping.</li> </ul>	<ul> <li>How to describe the taste and texture of foods</li> <li>I know that products often have a target audience.</li> <li>the importance of budgeting while planning ingredients for a recipe.</li> </ul>
Design:     I know that products often have a target audience.		
Design:	Make:	Evaluate:
I can describe the packaging of different biscuits.	I can follow a recipe.	I can create criteria for evaluation.
<ul> <li>I can create a design for a biscuit box.</li> <li>I can fold and construct a cuboid template.</li> </ul>	<ul> <li>I can modify the recipe using my design ideas and budget.</li> <li>I can collect feedback from a member of my target audience</li> </ul>	<ul> <li>I can present my design for evaluation.</li> <li>I can evaluate the designs of others using criteria.</li> </ul>
Construct, cuboid, cut, fold, layout, target, audience	Adapt, ingredients, modify, unique, market, research	Comment, compare, evaluate, opinion
	<ul> <li>the importance of budgeting while planning ingredients for a recipe.</li> <li>select ingredients for a target audience.</li> <li>Nutrients are substances in foods that all living things need to make energy, grow and develop.</li> <li>I should have a maximum of 5 tsp of sugar a day to stay healthy.</li> <li>Design: <ul> <li>I know that products often have a target audience.</li> </ul> </li> <li>Design: <ul> <li>I can describe the packaging of different biscuits.</li> <li>I can create a design for a biscuit box.</li> <li>I can fold and construct a cuboid template.</li> </ul> </li> </ul>	<ul> <li>the importance of budgeting while planning ingredients for a recipe.</li> <li>select ingredients for a taget audience.</li> <li>Nutrients are substances in foods that all living things need to make energy, grow and develop.</li> <li>I should have a maximum of 5 tsp of sugar a day to stay healthy.</li> <li>Design:         <ul> <li>I know that products often have a target audience.</li> <li>I can describe the packaging of different biscuits.</li> <li>I can rereate a design for a biscuit box.</li> <li>I can fold and construct a cuboid template.</li> </ul> </li> <li>I can make and test a prototype biscuit.</li> <li>Safety rules – cutting and peeling/preparing fruit         <ul> <li>The appearance of food is as important as taste</li> <li>That its important to test my design as I go along so that I can solve any problems that may occur.</li> <li>Following cooking techniques; sieving, measuring, mixing, stirring, cutting out and shaping.</li> </ul> </li> <li>Wake:         <ul> <li>I can describe the packaging of different biscuits.</li> <li>I can roreate a design for a biscuit box.</li> <li>I can rorlied the recipe using my design ideas and budget.</li> <li>I can collect feedback from a member of my target audience.</li> </ul> </li> </ul>

format, this does not need to be included. Scaffolding	Pupils needing extra support:  could be provided with example images when designing their packaging;  could use a pre-cut net to create the design for	Pupils needing extra support: <ul> <li>could record responses from the market research participant using a device.</li> </ul>	Pupils needing extra support: <ul> <li>could work with a partner to discuss the biscuits as they move around.</li> </ul>
Challenge	<ul> <li>their box.</li> <li>Pupils working at greater depth:</li> <li>could use the examples in the Pupil video: Creating 3D shapes to create a 3D shape without using the net template.</li> </ul>	Pupils working at greater depth:  could answer why it is important to measure and mix ingredients correctly;  could answer how they think adding additional ingredients will change the appearance of the mixture or biscuit;  could use the Activity: Feedback template, which allows the children to dive deeper with their questioning.	Pupils working at greater depth:  • could be asked to use their market research when explaining their product to the other groups.
Catholic Social Teaching Principles			
British Values  Wider curriculum links			