

St Mary's Catholic Voluntary Academy, Grantham



Whole School Overview - PE 2023-24

KS1	Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2
EYFS	Fundamentals: Unit 1	Gymnastics: Unit 1	Ball Skills: Unit 1	Dance: Unit 1	Games: Unit 1	Fundamentals: Unit 2
Year 1	Team Building	Fitness	Yoga	Sending and Receiving	Net and Wall	Striking and Fielding
	Fundamentals	Gymnastics	Invasion	Ball Skills	Dance	Athletics
Year 2	Fundamentals	Gymnastics	Target Games	Fitness	Dance	Athletics
	Sending and Receiving	Ball Skills	Team Building	Invasion	Striking and Fielding	Net and Wall

KS2	Advent 1	Advent 2	Lent 1	Lent 2	Pentecost 1	Pentecost 2
Year 3	<i>Movement skills</i> Fundamentals	<i>Invasion Games</i> Cricket	<i>Movement patterns</i> Dance	<i>Target Games</i> Golf	<i>Water Safety</i> Swimming	<i>Water Safety</i> Swimming
	<i>Invasion Games</i> Tag Rugby	<i>Control of movement</i> Gymnastics	<i>Net and Wall</i> Tennis	<i>Movement skills</i> Fitness	N/A	N/A
Year 4	<i>Target Games</i> Dodgeball	<i>Invasion Games</i> Netball	<i>Water Safety</i> Swimming	<i>Water Safety</i> Swimming	<i>Net and Wall</i> Tennis	<i>Movement skills</i> Athletics
	<i>Control of movement</i> Gymnastics	<i>Movement patterns</i> Dance	N/A	N/A	<i>Adventurous activities</i> OAA	<i>Invasion Games</i> Rounders
Year 5	<i>Water Safety</i> Swimming	<i>Water Safety</i> Swimming	<i>Invasion Games</i> Football	<i>Control of movement</i> Gymnastics	<i>Invasion Games</i> Basketball	<i>Movement skills</i> Athletics
	N/A	N/A	<i>Net and Wall</i> Badminton	<i>Target Games</i> Dodgeball	<i>Movement patterns</i> Dance	<i>Invasion Games</i> Cricket
Year 6	<i>Invasion Games</i> Handball	<i>Adventurous activities</i> OAA	<i>Net and Wall</i> Volleyball	<i>Invasion Games</i> Hockey	<i>Movement skills</i> Athletics	<i>Net and Wall</i> Tennis
	<i>Movement patterns</i> Dance	<i>Control of movement</i> Gymnastics	<i>Movement skills</i> Fitness	<i>Control of movement</i> Yoga	<i>Target Games</i> Golf	<i>Invasion Games</i> Rounders