



Sports Newsletter

If you have any sports news, please let Miss Steeples know.



@granthamstmarys

Friday 12th May 2023

Lunchtime Clubs



During one of their lunchtimes, Year 1 are enjoying a Ball Skills club where they get to enjoy and experience different ball sports. They practise and develop their skills, which include throwing, catching and kicking. It looks great fun!





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World Daily Mile Day



Everyone enjoyed taking part in World Daily Mile Day, recently.



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Twitter Account



Saint Mary's School

@granthamstmarys



It is always wonderful to celebrate so many of our children's, out of school, sporting successes so please keep sending them to the office email address. We will, of course, share them in our Sports Newsletter.

As a school, we also have a twitter account, which is another great way to share successes, not just those involving sport, but all other aspects to our school too .

If you would like to follow us, please create a twitter account, if you don't already have one, and follow @granthamstmarys.



twitter



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Archery Session



It was lovely to hear of some sporting news connected to something new, this week. Nuala, from Year 3, has attended an archery activity session at Walton Academy. She was put in charge of her own bow and arrow. She enjoyed aiming at the different targets. Great news Nuala!

If you have any sports news that you would like to share with our school community, please send it into us because we'd love to celebrate these successes with you and it will be included in future newsletters.



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KS1 Cricket Festival



Eight members of Year 2 enjoyed a morning of cricket at Grantham Cricket Club, last week. The theme was all about developing and belonging with the intent to develop character and life skills. There were a number of different cricket based activities for the children to explore, which focused on different aspects of this sport. It was a fantastic event and all those, who were fortunate to attend this, had an amazing time! Thank you to the parents who assisted with transport - it is appreciated.





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Cricket Festival



Yesterday, some members of Year 4 attended Grantham Cricket Club to take part in a festival of activities. The theme was all about developing and belonging with the intent to support individual development in sport. It was a similar format to that of the KS1 Cricket Festival and proved to be another hit with those who went. They were amazing cricketers!

Thank you to Mrs Deighton for accompanying the children at this event and to the parents who assisted with transport - very much appreciated.



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Intra School Competition KS2 House Kwik Cricket

The results from our recent Key Stage 2 House Kwik Cricket Competition are in and it was very close! Well done to everyone!

A HUGE congratulations to our medallists from each class!

Year 3

1st:

Olo (Walsingham)

2nd:

Nancie (Walsingham)

3rd:

Ivan (Walsingham)

Year 4

1st:

Matthew (Lourdes)

2nd:

Roman (Czestochowa)

3rd:

Dylan (Walsingham)



A HUGE congratulations to our medallists from each class!

Year 5

1st:

Veer (Walsingham)

2nd:

Seb (Loreto)

3rd:

David (Loreto)

Year 6

1st:

Ronak (Lourdes)

2nd:

Mason (Loreto)

3rd:

Luca (Loreto)





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Intra School Competition

KS2 House Kwik Cricket

To determine the overall winner of the new shield, the number of runs scored for each house was averaged out. Congratulations to all involved! The final positions within the intra school competition are as follows:



1st Place

Czestochowa

2nd Place

Walsingham

3rd Place

Lourdes

4th Place

Loreto

Also, a massive well done to each of the pupils who were awarded the Player of the Day for their house across the whole of Key Stage 2!

Czestochowa:

Yasmin (Y6)

Loreto:

Elijah (Y3)

Lourdes:

Filip (Y5)

Walsingham:

Nancy (Y4)



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Curriculum Dance



Year 1 and 2 have benefitted from a dance teacher during one of their weekly PE lessons. Mr Watson, who works with Inspire+, has supported the children to develop different aspects of dance and movement.





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School of Kindness



Within school, once more, we have awarded six more Outstanding Kindness certificates to Bella and Fedora from EYFS, Mina from Year 2, Nancie and Filip from Year 3 as well as Jake from Year 5. If you have any nominations, please speak to the adults in your classroom.

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Friday 12th May 2023



#HealthyHappyActive

Congratulations to Year 2, who have successfully completed one of the challenges from the relevant IMPACT area this term, which is Character Building. They have completed an activity all about themselves considering their favourite things as well recording their own fascinating facts.



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Congratulations

Character Building

On completing 1 challenge that has helped you tackle setbacks and overcome any you may face in the future.

Name: Year 2

Date: May 2023

Signed:  Sam Ruddock, GB Paralympic Athlete and inspire+ #HealthyHappyActive ambassador

All About Me


This is me. 

My name is: 

My birthday is: 


My favourite food is: 

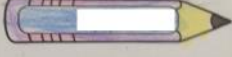
My favourite colour is: 


My favourite book is: 


My favourite television show is: 

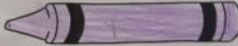



This is me. 

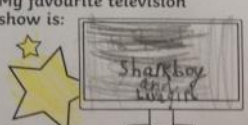
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#HealthyHappyActive

Congratulations to Year 4 and 5 too, who have successfully completed the same



challenge within the Character Building IMPACT area! This also earns them their



Bronze certificate - some of their creations are shown on the next page.



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Congratulations

Character Building

On completing 1 challenge that has helped you tackle setbacks and overcome any you may face in the future.

Name: Year 4

Date: May 2023

Signed:

Sam Ruddock, GB Paralympic Athlete and inspire+ #HealthyHappyActive ambassador



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Congratulations

Character Building

On completing 1 challenge that has helped you tackle setbacks and overcome any you may face in the future.

Name: Year 5

Date: May 2023

Signed:

Sam Ruddock, GB Paralympic Athlete and inspire+ #HealthyHappyActive ambassador



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#HealthyHappyActive

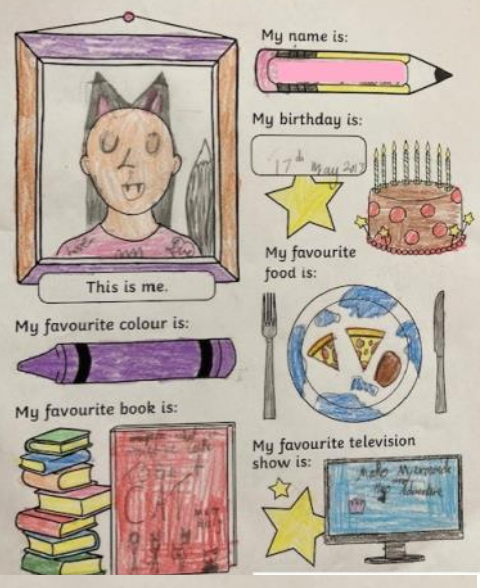
All About Me



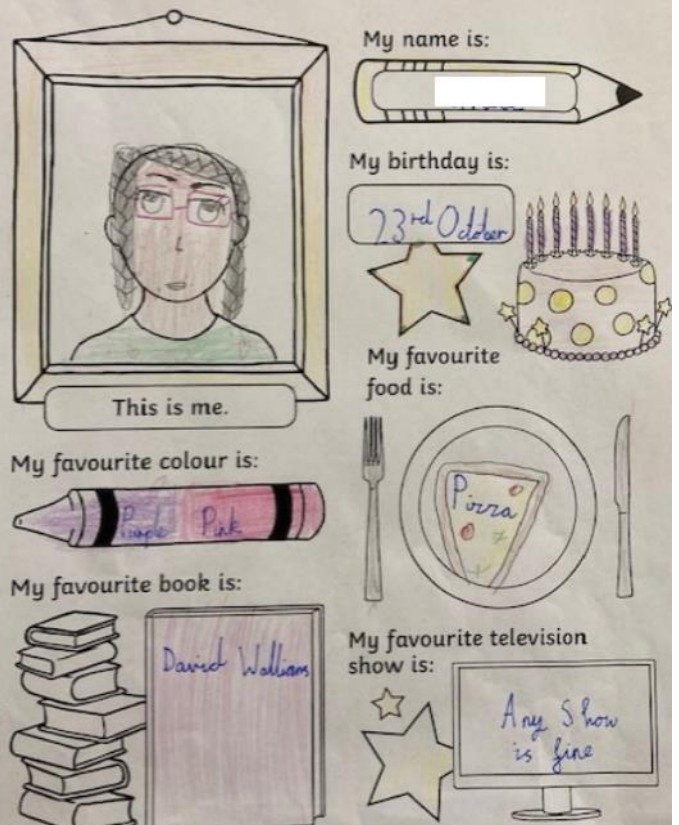
All About Me



All About Me



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Playground Leaders Games of the Week

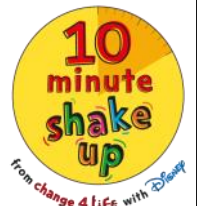
Our Year 5 Playground Leaders continue to provide suggestions of outdoor games that could be played to keep everyone more active:

- Blind Man's Bluff—A favourite game in Tudor and Victorian England, this game is yet another variation on tag. The person who is 'it' wears a blindfold and tries to tag the other players. Be sure to play this in an area safe from obstructions and other hazards.

change 4 life Activities

Change 4 Life and Disney have teamed up to bring you play-along games inspired by your favourite Disney and Pixar characters. These 10-minute bursts of fun will really get your kids moving and count towards the 60 active minutes they need every day!

Visit www.nhs.uk/10-minute-shake-up/shake-ups for more info.



Monster Tennis

Are you a better tennis player than Mike?
Grab a friend and get rallying!

Players: 2



Mike's Monster Scare

The kids are asleep which means it's Scaring Time! It's your job to release Sulley and get the maximum screams for Monstropolis.

Players: 4 or more



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Roots to Food Recipe



Stir Fry Lime and Coconut Chicken Served with Rice

Ingredients

2 free-range chicken breasts, cut into 1cm dice
1 lime, zest and juice
1 tbsp olive oil
150ml low fat coconut milk
1 tbsp Thai fish sauce (nam pla)

1tbs light soy sauce
4 spring onions, finely sliced
300g brown rice
4 tbsp roughly chopped fresh coriander leaves

Method

1. Place the chicken breast pieces, lime zest, soy and juice into a large bowl and toss through to coat thoroughly and marinade for 10 minutes.
2. Heat the olive oil in a large deep frying pan or wok over a high heat. Add the chicken pieces and stir-fry for 4-5 minutes, until golden-brown all over.
3. Add coconut milk, fish sauce, two tablespoons of the coriander and half of the spring onions and stir-fry for a further 2-3 minutes on a lower heat, until the chicken is cooked through.
4. Meanwhile, boil the rice in a large saucepan until the grains are tender, then drain.
5. To serve, share the rice out evenly into ramekins and turn out onto serving plates. Spoon over portions of the lime and coconut chicken. Sprinkle with remaining coriander and the remaining spring onions and serve.
6. Enjoy!

Each year, we are visited by Darren Tinkler from Roots to Food and this year will be no different.

Children will construct, from scratch, a balanced meal in small participation groups.

Please feel free to use this recipe to make and enjoy a meal together.