



**Start of the Year Launch and Throughout**

*Believe, Succeed and Soar!*

EYFS

Year 1

Year 2

Year 3

Year 4

Year 5

Year 6

**Class Discussions and Whole school assemblies focusing on:**

- Class Rules and Code of Conduct
- School Values – Mission Statement
- School Values
- Class Roles and Responsibilities e.g School Counsellors, House Captains, mini-vinnies etc
- Positive Mindset and Metacognitive strategies
- Emotional Scaling strategies and where to go to for help and support – age related and age appropriate
- Internet Safety Introduction – all year groups

**Word the Week**

*Catholic Life and Collective Worship – threaded into all aspects of school life*

- Reviewed each week in class
  - Focus of weekly FS/Key Stage Liturgies
    - Video posted on the blog created by the children
    - Word of the Week posters displayed around school
- Mission given linked to the Word of the Week and weekly radio broadcast

**Advent Term**

**Lent Term**

**Pentecost Term**

Worship  
Learning  
Community  
Language  
Belonging  
Rosary  
Relationship  
Saints  
Encounter  
Worship  
Youth  
Hope  
Peace  
Joy  
Epiphany

Friendship  
Inspire  
Challenge  
Care  
Healing  
Forgiveness  
Prayer  
Fasting  
Discipleship  
Almsgiving  
Sacrifice

Alleluia  
Missionary Discipleship  
Celebration  
Vocation  
Witness  
Pentecost  
Reverence  
Knowledge  
Understanding  
Wisdom  
Decision  
Courage  
Awesome

**Themed Days/Weeks**

**Advent Term**

**Lent Term**

**Pentecost Term**

Mental Health and Well-being Day  
Anti-Bullying Week

Internet Safety Day  
Road Safety Event

**RE Curriculum  
Come and See Topics**

	<b>Advent Term</b> <i>Belonging</i>	<b>Lent Term</b> <i>Community</i>	<b>Pentecost Term</b> <i>Universal Church</i>
FS	Myself Welcome Other faith: Judaism Birthday	Celebrating Gathering Growing	Good News Friends Other faith: Islam/Sikhism/Hinduism Our World
1	Families Belonging Other faith: Judaism Waiting	Special People Meals Change	Holidays and Holy Days Hinduism Being Sorry Other faith: Islam/Sikhism/ Neighbours
2	Beginnings Signs and Symbols Other faith: Judaism Preparations	Books Thanksgiving Opportunities	Spread The Word Rules Other faith: Islam/Sikhism/Hinduism Treasures
3	Homes Promises Other faith: Judaism Visitors	Journeys Listening and Sharing Giving All	Energy Choices Other faith: Islam/Sikhism/Hinduism Special Places
4	People Called Other faith: Judaism Gift	Community Giving and Receiving Self-Discipline	New Life Building Bridges Other faith: Islam/Sikhism/Hinduism God's People
5	Ourselves Life Choices Other faith: Judaism Hope	Mission Memorial Sacrifice Sacrifice	Transformation Freedom and Responsibility Other faith: Islam/Sikhism/Hinduism Stewardship
6	Loving Vocation and Commitment Other faith: Judaism Expectations	Sources Unity Death and New Life	Witnesses Healing Other faith: Islam/Sikhism/Hinduism Common Good

**Coverage of Journey In Love within RSHE Curriculum**

FS	<p style="text-align: center;">I know that I am special and unique I can see the joy in being a special person in my family I know that we are all different and unique I celebrate the joy of being a special person in God's family I know that families are important because they love us</p>
1	<p style="text-align: center;">I recognise signs that show I am loved in my family I know how I am cared for and kept safe in my family I can celebrate ways that God loves and cares for us</p>
2	<p style="text-align: center;">I recognise the joy and friendship of belonging to a diverse community I can describe ways of being safe in communities I can celebrate ways of meeting God in communities</p>
3	<p style="text-align: center;">I can describe and give reasons for how friendships make us feel happy and safe I can describe and give reasons the virtues essential to friendship (mutual respect, honesty, loyalty, kindness, generosity, trust, sharing), how people choose and make friends and why friendships can break down, how they can be repaired and strengthened I can celebrate the joy and happiness of living in friendship with God and others</p>
4	<p style="text-align: center;">I can make links and connections to show we are all different I can celebrate our difference as we appreciate God's love accepts us as we are now and as we change</p>

	<p>I can describe how we should all be accepted and respected even when we are very different from others (physically, in character, personality, background) etc</p> <p>I can describe how we should treat others making links with the diverse modern society we live in</p> <p>I can celebrate the uniqueness and innate beauty of each of us</p>
5	<p>I know and understand emotional changes as we grow and develop (sensitivity, mood swings, anger, boredom etc)</p> <p>I know and understand the physical changes involved in puberty</p> <p>I can celebrate the joy of growing physically and spiritually</p>
6	<p>I am developing a secure understanding that stable and caring relationships, which may be of different types, are at the heart of happy families</p> <p>I can explain how human life is conceived</p> <p>I can show an understanding of how being made in the image and likeness of God informs decisions and actions when building relationships with others, including life-long relationships</p>

**HOUSE TEAM MEETING FOCI**

	Advent Term	Lent Term	Pentecost
	<p><b>Meeting 1</b> What makes our school great? What helps us to be safe? What can be improved as a school?</p> <p><b>Meeting 2</b> Anti-Bullying Meeting</p>	<p><b>Meeting 1</b> Internet Safety Focus</p> <p><b>Meeting 2</b> Charity/fundraising focus</p>	<p><b>Meeting 1</b> Build Our Learning Power</p> <p><b>Meeting 2</b></p>

**Curriculum opportunities integrating aspects of the RSE and Health Curriculum**  
(See St Mary's RSHE Curriculum Plan for more details)

	Advent Term	Lent Term	Pentecost Term
Whole School	CATHOLIC LIFE		
	COLLECTIVE WORSHIP		
	RELIGIOUS EDUCATION		
	SCIENCE CURRICULUM		
	COMPUTING CURRICULUM		
	PE CURRICULUM		
	FOREST SCHOOL PROGRAMME		
	VISITORS Range of visitors to school to complement the curriculum – doctors, dentists, nurses, fire service, ambulance, religious leaders, Teddy Bears Hospital		
	EDUCATIONAL VISITS Range of visits out of school to complement the curriculum – Hospital, Forest, Orchid, City tours, Sports Centres, Galleries and Museums		
	Various Fundraisers and Charitable Events		
	CONTINUOUS CHAPLAINCY SUPPORT		

	<p>Roles and Responsibilities – Class Elections</p> <p>Assembly and House Meetings – Staying Safe</p> <p>Harvest/Food Bank Collections</p> <p>Assemblies and House Meetings - Anti-Bullying Week</p> <p>World Mental Health Week</p> <p>Remembrance Day</p> <p>Other Faith Focus</p> <p>Youth Day</p> <p>Switch Off Fortnight</p> <p>Christmas Shoeboxes</p> <p>KS2 Briars Retreat Sessions</p> <p>International Evening (biannually)</p>	<p>FairTrade Fortnight</p> <p>NSPCC Assembly (biannually)</p> <p>Water Assembly</p> <p>St Mary’s Talent Shows</p> <p>Safer Internet Day</p> <p>Children’s Mental Health Week</p> <p>Lenten Fundraising Projects</p> <p>Road Safety Quiz Event</p>	<p>SunSmart Assembly</p> <p>Sports Day Events/Health Week</p> <p>Other Faiths</p> <p>International Evening</p> <p>Other Faith Focus</p> <p>Class Transitions</p> <p>Lourdes Visit</p>
Year 5	Aspirations Visit	Drug Aware/DARE	
Year 6	Aspirations Visit Red Cross First Aid and Refugee Awareness	PCSO Visits – Gun, Gang and Knife Crime	Visit to Uni Campus Briars Residential

**Resources used to support RSHE Curriculum**

Come and See RE Programme  
 Ten:Ten Programme  
 Journey In Love  
 NSPCC Resources  
 Red Cross  
 Lincolnshire PCSO Team  
 CEOPS Resources  
 Nottingham City PSHE Resources  
 National Mental Health Week Resources  
 National Internet Safety Day Resources