

UPPER KEY STAGE TWO

	Come and See	Journey in Love			Statements to Live By	Science	Links to CAFOD	Links to Global Calendar
Theme 1: Created and Loved by God								
I know: That we are all children of God and made in God's image and likeness	Ourselves Y5 (Domestic Church-Autumn term)	God loves me in my changing and development Y5 p.33-36			1. We are all special		One Day One world resource	World Day for Cultural Diversity 21 June International Day for Tolerance 16 November
That each person has a purpose in the world and that God has created me for a particular purpose (vocation)	Life Choices Y5 Vocation and Commitment Y6 (Baptism/ Belonging- Autumn term)						Oscar Romero resource	
I know: The changes that occur at each stage of a human being's life (including childhood, adolescence, adulthood, old age) and specifically the changes which occur during puberty		God loves me in my changing and development Y5 p.33-34 *SDB Y5 /6				Animals including humans Sc5/2.2a		International Youth Day 12 August International Day for Older Persons 1 October
About the week by week development of the baby in its mother's womb		The wonder of God's love in creating new life Y6 p.40-41 *SDB Y5 /6						International Women's Day 8 March

UPPER KEY STAGE TWO

<p>How human life is conceived in the womb, including the language of sperm and ova and about the nature and role of menstruation in the fertility cycle</p>		<p>Y5 p.34 God loves me in my changing and development</p> <p>The wonder of God's love in creating new life</p> <p>Y6 p.40-41 *SDB Y5 /6</p>				<p>Year 6 Evolutions and inheritance</p>		
<p>About the differences between boys and girls with regard to puberty and reproduction</p>		<p>Y5 p.33-36 God loves me in my changing and development *SDB Y5 /6</p> <p>The wonder of God's love in creating new life</p> <p>Y6 p.37-39</p>						
<p>About the impact that poor lifestyle choices can have on my health including lack of physical activity, poor dental health, sleep, hygiene, drugs and alcohol. The facts and science relating to immunisation and vaccination</p>		<p>*SDB Y5 /6</p>			<p>9. I can tell you how I look after myself</p> <p>10. I think before I make choices that affect my health</p>	<p>Animals including humans SC6/2.2b</p>		<p>World Health Day 7 April</p> <p>World Toilet Day 19 November</p>
<p>I can: Be confident in my relationships with my peers in various situations, including online</p>								<p>Internet Safety Week February</p>

UPPER KEY STAGE TWO

<p>I can: Describe how my emotions may change and intensify as I grow and move through puberty</p>		<p>God loves me in my changing and development Y5 p.35 *SDB Y5 /6 The wonder of God's love in creating new life Y6 p.42-43</p>			<p>3. I can say how I feel</p>			
<p>It is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough.</p>								
<p>I know: How to recognise early signs of physical illness, such as weight loss, or unexplained changes to the body.</p>		<p>Y5 p.33-36 God loves me in my changing and development *SDB Y5 /6</p>				<p>Animals including humans year 6 SC6/2.2b</p>		
<p>Describe some of the varied emotions that accompany the changes that happen in life, e.g. loss, separation, divorce and bereavement</p>	<p>Death and New Life Y6 (Lent/Easter-Spring term)</p>	<p>*SDB Y5 /6</p>						

UPPER KEY STAGE TWO

Describe the impact that poor lifestyle choices can have on mental health and the need for exercise, fresh air, company, good diet and sufficient good quality sleep to support mental well- being.					9. I can tell you how I look after myself 10. I think before I make choices that affect my health	Animals including humans SC6/2.2b		Mental Health Awareness day/week
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Theme 2: Created to love others

<p>I can: Be courteous in my dealings with friends and strangers</p>					<p>19. I try to use words that make the world a better place</p>			
<p>I know: That some behaviour is unacceptable, unhealthy or risky</p>					<p>6. I understand that rights match responsibility</p>			<p>Internet Safety Week February</p>
<p>About the impact of unsafe exposure to the sun and how to reduce the risk of sun damage</p>					<p>9. I can tell you how I look after myself</p> <p>10. I think before I make choices that affect my health</p>			<p>World Health Day 7 April</p>
<p>Be respectful of my own and others uniqueness, demonstrating respect for difference (Protected Characteristics)</p>	<p>Ourselves Y5 (Domestic Church-Autumn term)</p> <p>Other Faiths weeks</p>	<p>God loves me in my changing and development Y5 p.33-36</p>			<p>36. I try to be accepting of others</p>		<p>One Day One World resource</p>	<p>One World Week October</p> <p>World Faith Week November</p>
<p>The importance of forgiveness and reconciliation in relationships and the challenges involved in following Jesus' teaching on forgiveness</p>	<p>Freedom and Responsibility Y5 Healing Y6 (Reconciliation-Summer term)</p>				<p>29. I try to forgive people when they hurt me</p> <p>33. I try to accept forgiveness from others</p>		<p>Advent and Lent resources</p>	<p>International Day of Peace 21 September</p>
<p>Show resilience and manage risk in order to resist</p>		<p>God loves me in my changing and development</p>			<p>9. I can tell you how I look after myself</p>			<p>Internet Safety Week February</p>

UPPER KEY STAGE TWO

unacceptable pressure and show determination and courage when faced with new challenges		Y5 p.35						
That the Church is the Body of Christ in the world and what Church teaching says about showing love for others (Catholic Social Teaching)	Common Good Y6 (Universal Church-Summer term) Mission Y5 (Local Church-Spring term) Unity Y6 (Eucharist-Spring term)				15. I know I belong to a community that includes my school		Universal Church Topic Year 6	Fair Trade Fortnight February Refugee week June
Be honest, striving to live truthfully and with integrity, using good judgement					8. I try to be just and fair			
Be compassionate, able to empathise with the suffering of others and displaying the generosity to help	Sacrifice Y5 Death and New Life Y6 (Lent/Easter-Spring term)				27. I know how to help others when they are in trouble 34. I stand up for people who are being treated unfairly		All CAFOD resources	Refugee week June Fair Trade Fortnight February
How to use technology safely								Internet Safety Week February

UPPER KEY STAGE TWO

I know: That there are a number of different people and organisations I can go to for help in different situations and how to contact them					25. I know when to ask for help and who to ask for help from			
About some basic first-aid, dealing with common injuries					27. I know how to help others when they are in trouble			Emergency services Day
How to make informed choices in relationships		God loves me in my changing and development Y5 p.35 The wonder of God's love in creating new life Y6 p.42						
That my increasing independence brings increased responsibility to keep myself and others safe					6. I understand that rights match responsibility			Internet Safety Week February
That prayer and worship nourish my relationship with God and support my relationships with others	All topics	God loves me in my changing and development Y5 p.36 The wonder of God's love in creating new life Y6 p.44					CAFOD Assembly resources	

UPPER KEY STAGE TWO

<p>About the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing.</p>					<p>27. I know how to help others when they are in trouble</p>			
<p>Why social media, some computer games and online gambling, for example, are age restricted.</p>								
<p>That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health</p>					<p>27. I know how to help others when they are in trouble</p>			
<p>How to be a discerning consumer of information online, including understanding that information, including that from search</p>								

UPPER KEY STAGE TWO

engines is ranked, selected and targeted.								
How to report and get help if I encounter inappropriate materials or messages					25. I know when to ask for help and who to ask for help from			Internet Safety Week February

Resources referenced in this document:

Come and See – Sr Victoria Hummel – Matthew James Publishing Co Ltd <http://www.comeandseere.co.uk/>

Early Learning Goals from Statutory Framework for Early Years/Foundation Stage

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/596629/EYFS_STATUTORY_FRAMEWORK_2017.pdf

Science Curriculum 2014 <https://www.gov.uk/government/publications/national-curriculum-in-england-science-programmes-of-study>

A Journey in Love – Sr Jude Groden RSM McCrimmon Publishing Co Ltd <http://www.mccrimmons.com/shop/relationships/>

Life to the Full – Ten: Ten Resources (including EYFS resources September 2010) www.tentenresources.co.uk/relationship-education

CAFOD – Catholic Agency for Overseas Development <http://cafod.org.uk/Education/Primary-schools>

Statements to Live By – Nurturing Human Wholeness Through the Distinctive Catholic Tradition – Frank McDermott and Theresa Laverick

<http://www.anamcara.org.uk/Nurturing%20Human%20Whole.html>

Global Calendar

<https://globaldimension.org.uk/calendar/>

***SDB – Additional resources produced for Year 5 and Year 6 by Sister Dorothy Black**

Suggested additional Resources

All That I Am - Relationships and Sex education for Upper KS2 published by the Archdiocese of Birmingham

<http://all-that-i-am.co.uk/>

Social and Emotional Aspects of Learning (SEAL) published by Department for Education - National Strategies

<http://webarchive.nationalarchives.gov.uk/20110809101133/nsonline.org.uk/node/87009>

PSHE guidance from PSHE Association <https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe>

<https://www.pshe-association.org.uk/>

[It is recommend that schools include in their annual curriculum planning some focused lessons about internet safety and all forms of bullying e.g. Internet safety week and anti – bullying week \(see global calendar\).](#)

UPPER KEY STAGE TWO

support if they have fears for themselves or their peers								
To know: That God is Trinity, a communion of persons.								
Demonstrate my gratitude to others for the good things in my life through words and actions	Ourselves Y5 Loving Y6 (Domestic Church-Autumn term)				20. I try to appreciate the beauty and the wonder in the world around me		One Day One World resource	World Environment Day 5 June
Be self-disciplined and able to delay or even deny myself	Sacrifice Y5 Death and New Life Y6 (Lent/Easter-Spring term)						Advent and Lent Resources	
I can: Show care and concern for the special people in my life and put their needs before my own	Sacrifice Y5 Death and New Life Y6(Lent/Easter-Spring term)							
Be loyal, able to develop and sustain friendships								
Be just and fair, acting with integrity, understanding the impact of my actions locally, nationally and globally	Stewardship Y5 Common good Y6 (Universal Church-Summer term)						Climate and Environment Resource Laudato Si Care for our Common Home	Fairtrade Fortnight February World Health Day 7 April World Environment Day 5th June

UPPER KEY STAGE TWO

Speak out about injustice in the wider world and what I can do to help.	Stewardship Y5 Common good Y6 (Universal Church-Summer term)						Fair Trade Resource Laudato Si Care for our Common Home	Fairtrade Fortnight February World Health Day 7 April World Environment Day 5 June
Be forgiving, developing the skills to allow reconciliation in relationships	Freedom and Responsibility Y5 (Reconciliation-Summer term)				29. I try to forgive people when they hurt me			International day of Peace 21 September
That bacteria and viruses can affect health and that following simple routines and medical interventions can reduce their spread								